



# NATICK PUBLIC SCHOOLS

## HEALTH AND WELLNESS CURRICULUM UPDATE

To: School Committee

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# RATIONALE FOR CURRICULUM UPDATE

Strengthen our practice in teaching the dangers of opioid abuse and vaping.

Reaching into middle school school as a preventative strategy

Teaching elementary students brain health strategies and proper consumption of prescription drugs



# HIGH SCHOOL HEALTH CURRICULUM

## Lesson Objectives: Opioid Education

- Differentiate forms of Opiate Drugs
- Describe how opioid drugs affect the brain
- Examine current statistics and rates of use
- Explain the impact on public health



# MIDDLE SCHOOL HEALTH CURRICULUM

## Lesson Objectives: Vaping Education

- Increase knowledge about basic facts of nicotine products and the harm they cause
- Gain awareness of strategies manufacturers and sellers of nicotine companies employ to increase use among adolescents and other targeted audiences, such as deceptive and creative marketing strategies
- Gain skills to refuse experimentation and use of nicotine products



# ELEMENTARY SCHOOL HEALTH CURRICULUM

Students will be able to relay information, demonstrate skills, think critically, and explain and answer strategies that are related to brain health.

Essential questions added to lessons

- What is a prescribed drug?
- What is an over the counter drug?
- Why is knowing the differences between a prescribed drug and non-prescribed drug important?



# QUESTIONS?